



Relevant Case Study - NHS SWYFT SAS Doctors

We were asked by the SAS Lead at NHS SWYFT to design and deliver a Team Event at Waterton Park for SAS Doctors, to reinforce a commitment to a progressive career in the NHS, to raise aspirations - to see the potential of each person and how it may be developed, to improve relationships and promote positive behaviours which assist teamwork, and to have fun! Our activities allowed them to: explore frustrations; think about themselves, their reactions, and how willing they are to leave their comfort zones; question how they relate to others; recognise that different people have different ways of working and make this an advantage; let leadership skills shine, highlighting potential; and to evidence areas where progressive team-working skills could be developed. They achieved together and celebrated their success!

